

Information for parents

Keeping Your Child Safe Online

Free sessions for parents and carers, delivered by
the Parental Engagement Team



Keeping Your Child Safe Online

Are you worried about the amount of time your child is spending online, using social media or playing computer games? Would you like to find out more about your child's online world and pick up some useful tips to help keep them safe?

Our new programme will help you to:

- Manage screen time conflict
- Support children's online learning
- Understand school learning platforms
- Learn about online dangers
- Keep your child safe online

Sessions to suit you

Sessions are available in person or online and can be delivered in English, Bengali or Somali at a time to suit you.

Ask your school about the free 'Keeping Children Safe Online' sessions or email parentalengagement@towerhamlets.gov.uk

For more information about the sessions and keeping children safe online visit www.towerhamlets.gov.uk/parentfamilysupport

