**Anti-Bullying Day / Week – Whole School Curriculum & Assembly Plan**

**14th November 2025**

**Theme:** *“Stand Up, Speak Out, Be Kind”*  
**Focus:** Understanding bullying, kindness, inclusion, and how to act when we see unkind behaviour.  
**Culmination:** Whole-School Assembly (Afternoon)



|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Phase | Anti-Bullying Activities | Ten Ten Autumn Term Links | Assembly Contribution | Book Work / Evidence |
| EYFS | • Circle-time story on kindness and friendship (e.g. *Hands Are Not for Hitting* or *Have You Filled a Bucket Today?*)  • Role-play: what to do if someone is unkind  • Create a “Kindness Tree” where children add leaves with kind actions they’ve done or received | **Module 1 – Created and Loved by God**  👉 [“I Am Me”](https://www.tentenresources.co.uk/programmes/life-to-the-full-plus/eyfs/m-1/eyfs_1_created-and-loved-by-god/u-2/eyfs_1-2_me-my-body-my-health/s-1/i-am-me/)  👉 [“I Like, You Like, We All Like!”](https://www.tentenresources.co.uk/programmes/life-to-the-full-plus/eyfs/m-1/eyfs_1_created-and-loved-by-god/u-3/eyfs_1-3_emotional-well-being/s-1/i-like-you-like-we-all-like/) | • Share examples from their kindness tree on stage  • Show tree during assembly or corridor display | • Stick kindness leaves in PSHE books with scribes of children’s words  • Photos of tree and role-play activities with captions |
| KS1 (Y1–2) | • Define bullying simply and differentiate it from unkind behaviour  • “Kindness poster” or mini book: one act of kindness each  • Role-play scenarios of what to do if someone is bullied  • Circle time: “How can I be a good friend?” | **Module 1 – Created and Loved by God**  👉 [“I Am Unique”](https://www.tentenresources.co.uk/programmes/life-to-the-full-plus/ks1/m-1/ks1_1_created-and-loved-by-god/u-2/ks1_1-2_me-my-body-my-health/s-1/i-am-unique/)  **Module 2 – Created to Love Others**  👉 [“Treat Others Well”](https://www.tentenresources.co.uk/programmes/life-to-the-full-plus/ks1/m-2/ks1_2_created-to-love-others/u-2/ks1_2-2_personal-relationships/s-2/treat-others-well/)  👉 [“Who is My Neighbour?”](https://www.tentenresources.co.uk/programmes/life-to-the-full-plus/ks1/m-3/ks1_3_created-to-live-in-community/u-1/ks1_3-1_religious-understanding/s-2/who-is-my-neighbour/) | • Present kindness posters on stage  • Perform short role-plays showing how to help someone who is being bullied | • Stick posters or mini versions into PSHE books  • Reflection sentence: “If I see someone being bullied, I will…”  • Photos of role-plays with captions |
| LKS2 (Y3–4) | • Read or watch a short bullying-themed story or poem and discuss key messages  • Define types of bullying (physical, verbal, exclusion, online)  • Create **Class Anti-Bullying Charter** with rules & pledges  • Small group skits: being an upstander vs bystander | **Module 1 – Created and Loved by God**  👉 [“We Don’t Have to Be the Same”](https://www.tentenresources.co.uk/programmes/life-to-the-full-plus/ks1/m-1/lks2_1_created-and-loved-by-god/u-2/lks2_1-2_me-my-body-my-health/s-1/we-dont-have-to-be-the-same/)  **Module 3 – Created to Live in Community**  👉 [“A Community of Love”](https://www.tentenresources.co.uk/programmes/life-to-the-full-plus/lks2/m-3/lks2_3_created-to-live-in-community/u-1/lks2_3-1_religious-understanding/s-1/a-community-of-love/)  👉 [“How Do I Love Others?”](https://www.tentenresources.co.uk/programmes/life-to-the-full-plus/lks2/m-3/lks2_3_created-to-live-in-community/u-2/lks2_3-2_living-in-the-wider-world/s-1/how-do-i-love-others/) | • Perform skits during assembly  • Read class anti-bullying charter aloud | • Stick class charter in PSHE books  • Personal reflection: “Why it’s important to speak up”  • Vocabulary definitions and key concepts |
| UKS2 (Y5–6) | • Use Ten Ten’s [**“Build Others Up”**](https://www.tentenresources.co.uk/the-hub/build-others-up/?utm_source=chatgpt.com) session as the foundation  • Discuss different forms of bullying (including cyberbullying) and consequences  • Explore case studies and scenarios: how to intervene safely  • Write personal pledges or speeches on how they’ll stand up to bullying | **Module 2 – Created to Love Others**  👉 [“Build Others Up”](https://www.tentenresources.co.uk/the-hub/build-others-up/?utm_source=chatgpt.com) (UKS2, Module 2 Unit 2 Session 4)  👉 [“Under Pressure”](https://www.tentenresources.co.uk/programmes/life-to-the-full-plus/uks2/m-2/uks2_2_created-to-love-others/u-2/uks2_2-2_personal-relationships/s-1/under-pressure/)  **Module 3 – Created to Live in Community**  👉 [“Catholic Social Teaching”](https://www.tentenresources.co.uk/programmes/life-to-the-full-plus/uks2/m-3/uks2_3_created-to-live-in-community/u-1/uks2_3-1_religious-understanding/s-2/catholic-social-teaching/)  👉 [“Reaching Out”](https://www.tentenresources.co.uk/programmes/life-to-the-full-plus/uks2/m-3/uks2_3_created-to-live-in-community/u-2/uks2_3-2_living-in-the-wider-world/s-1/reaching-out/) | • Deliver speeches or pledges in assembly  • Lead closing reflections or prayers | • Stick typed or handwritten pledges into PSHE books  • Written reflections: “What I learned from Build Others Up”  • Case study responses, CST connections, or quotes |

**Implementation & Evidence Notes**

* **Page Heading** for books:  
  *“Anti-Bullying Week – Stand Up, Speak Out, Be Kind – Linked to Ten Ten Life to the Full (Module [x], Unit [x])”*
* **Assembly Work Recording**:
  + Take **photos** of performances, charters, pledges, kindness trees, and displays.
  + Stick photos with captions into class PSHE/RHE books.
  + KS2 pupils can write **post-assembly reflections**: *“What inspired me today?” / “What I will do differently.”*
* This structure creates clear inspection evidence for:
  + PSHE/RHE curriculum coverage
  + SMSC & British Values
  + Prevent & safeguarding themes
  + Whole-school ethos on kindness and inclusion.