



St Edmund's Catholic Primary School

...through Christ we learn...

Executive Headteacher: Mrs A. Ruthven

Head of School: Mr A. Antoniou



SEND NEWSLETTER SUMMER 2023

Welcome to our termly SEND newsletter! A newsletter addressing all things related to SEND (Special Educational Needs and Disabilities).

At St Edmund's, our children are at the centre of everything we do. We aim to identify the needs of all pupils as early as possible. This is part of our graduated approach, in which we Assess, Plan, Do, Review. This ongoing cycle ensures that effective provision is put in place and also removes barriers to learning. We have a range of interventions taking place daily in our school to meet the needs of all of our children. We believe in inclusivity for all and strive to make this a reality for all our pupils.

IMPORTANT DATES

1—7 May

Deaf Awareness

15—21 May

Mental Health

Awareness week

5—11 June Carers Week

As St Edmund's Primary School's Special Education Needs and Disability Coordinator (SENDCo), I am here to offer support and advice regarding additional needs or SEND support for your child.

At St Edmund's, we are proud of our SEND provision so please do not hesitate to get in touch, if you have any concerns or need some support. Please make an appointment via the office to speak to your child's class teacher, in the first instance, and then if more support is required I will be available to meet at a mutually convenient time with you.

Do you know where to go for extra information and support?

Tower Hamlet's 'Local Offer' provides all kinds of information to families of children with special educational needs and disabilities. It enables you to make informed choices about the support you receive. It is designed to make sure that most of the information you'll need is all in one place. Remember to check out the Tower Hamlet's information for general support for SEND and information on what the local authority can provide:

<https://www.localoffertowerhamlets.co.uk/>

On-going SEND support

SEND reviews will continue to happen once a term during Parent Consultations. Parents will be invited to attend reviews with their child's teacher, and where appropriate the SENCo, we will then work together to set new targets for your child. The school is currently working closely with external agencies such as an Educational Psychologist (Alana) and a Speech and Language therapist (Jinn). The inclusion team are continuing to make referrals to support services and will keep you updated on your child's referral. Speech and language sessions will continue to be delivered at school for all pupils with a speech and language programme.



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@StEdmundsSchool1

THE ZONES OF REGULATION OF REGULATION

The Zones of Regulation is a programme that aims to help children notice the emotion they are feeling and then regulate themselves if they are feeling uncomfortable.

Zones of Regulation - What Zone Are You In?

Blue	Green	Yellow	Red
			
<p>I may feel.</p> <ul style="list-style-type: none"> · bored · tired · sick · sad 	<p>I may feel.</p> <ul style="list-style-type: none"> · focused · calm · happy · ready to learn 	<p>I may feel.</p> <ul style="list-style-type: none"> · silly · worried · frustrated · anxious 	<p>I may feel.</p> <ul style="list-style-type: none"> · I need help · mean · angry · out of control 
			<p>Parent's Guide to Autism</p>
			
Blue	Green	Yellow	Red
			
<p>I can..</p> <ul style="list-style-type: none"> · take a break · think of happy things · ask for help · have a hug 	<p>I can..</p> <ul style="list-style-type: none"> · finish my work · listen · help my friends · share my happy thoughts 	<p>I can..</p> <ul style="list-style-type: none"> · ask for a break · talk to my teacher or friends · go for a walk · listen to music 	<p>I can..</p> <ul style="list-style-type: none"> · ask for help · ask for a break · go to a calm area · use my cool down resources 

I have really enjoyed the opportunity to meet parents in my role as SENDCo.

Please do get in touch if there are any areas that you have questions you would like answered.

“When a flower doesn't bloom, you fix the environment in which it grows, not the flower.”

Alexander Den Heijer