



Compassionate Neighbours Training 14th & 17th November 2022

Could you become a Compassionate Neighbour?

- By providing practical support, such as making a cup of tea,
- By offering companionship, emotional support, and a listening ear
- By helping them stay connected to their friends and their community
- By directing them to important support services that may be able to help.

This is your chance to become a part of an award –winning social movement that supports people who are lonely and isolated living with life limiting conditions or are at the end of life.

If you would like a place please send us an email to cn@stjh.org.uk or call 020 8525 3231.

St Joseph's Hospice,
Mare Street, Hackney,
London E8 4SA

T: 020 8525 6000
E: info@stjh.org.uk
www.stjh.org.uk



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