

# Suicide Prevention Training



LOCAL SUPPORT  
FOR PEOPLE  
FACING SUICIDE



## Safe Connections - Local Support for People Facing Suicide

This free 2 hour training is suitable for anyone interested in learning about suicide.

Topics covered will include:

- Increased understanding of suicide
- Skills to promote supportive communication
- Increased awareness of the needs of a suicidal person
- Essential practical knowledge
- Skills to effectively and confidently support a person at risk of suicide

### 2022 Training dates:

(delivered over zoom)

4th August 2-4pm

World Suicide Prevention day

- 10th Sept 11-1pm

14th September 3-5pm

12th October 3-5pm

8th November 2-4pm

6th December 3-5pm

For more information or to book on to the training, please email:  
[suicidepreventiontraining@mindchwf.org.uk](mailto:suicidepreventiontraining@mindchwf.org.uk)

